

## Intervention: Multisystemic Therapy (MST)

Finding: Recommended by a single governmental entity

### Potential partners to undertake the intervention:

- |                                                                           |                                                                     |
|---------------------------------------------------------------------------|---------------------------------------------------------------------|
| <input checked="" type="checkbox"/> Nonprofits or local coalitions        | <input type="checkbox"/> Businesses or labor organizations          |
| <input type="checkbox"/> Schools or universities                          | <input type="checkbox"/> Media                                      |
| <input type="checkbox"/> Health care providers                            | <input checked="" type="checkbox"/> Local public health departments |
| <input type="checkbox"/> State public health departments                  | <input type="checkbox"/> Policymakers                               |
| <input type="checkbox"/> Hospitals, clinics or managed care organizations | <input type="checkbox"/> Other:                                     |

### Background on the intervention:

Multisystemic Therapy (MST) is a family-oriented, home-based program that targets chronically violent, substance-abusing juvenile offenders 12 to 17 years old. The program uses methods that promote positive social behavior and decrease antisocial behavior, including substance use, to change how youth function in their natural settings (i.e., home, school, and neighborhood).

### Findings from the systematic reviews:

The Substance Abuse and Mental Health Services Administration (SAMHSA) lists Multisystemic Therapy as a model program. See the link below for more information.

### Additional information:

Multisystemic Therapy - [www.mstservices.com/](http://www.mstservices.com/)

### References:

SAMHSA - National Registry of Effective Programs - [www.modelprograms.samhsa.gov](http://www.modelprograms.samhsa.gov)